

## A Few of My Favorite (baby) Things: Baby Foods

As noted, I made a lot of my gal's food early on, and still try. However, as she's entered into toddler-hood she has become much pickier and it gets frustrating to go through the hassle of making something when she won't eat it. So, I rely on a lot of other sources to feed her that I know she likes.

I like pretty much all of the Earth's Best organic products as does she. But, a couple of companies have taken the idea of baby/toddler food a step further. It can get pricey, but I think that they are great products and they've really been a God-send for me.

The first is [Peas of Mind](#), they've made these organic puffets that have the consistency of a frittata, and are filled with all sorts of good stuff. There are four flavors: Nanna's Bananas, Eat Your Greens, Carrot Risotto, and Black Bean Polenta (which is the only one that my gal hasn't taken to).



These are fantastically packaged when you're on the go. Each box contains 4 puffets in their own wrapping. You can grab them and pop them into a microwave at your destination (or heat before you head out if there will be no microwave).